

Agenda

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, May 18, 2012

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

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For information on current agenda items please contact the Human Services Department at (510) 574-2050.

1. CALL TO ORDER

2. ROLL CALL

3. SALUTE TO THE FLAG

4. APPROVAL OF MINUTES of the Regular Meeting of April 20, 2012

5. ORAL COMMUNICATIONS

None

6. WRITTEN COMMUNICATIONS

None

7. OLD BUSINESS

7.1 Getting Information From the Commission to the Community – Commissioner Creveling, Chair

BACKGROUND: At the April meeting the Commissioners discussed different ideas on how they, as Commissioners, can get information out to the senior community and their families. It was decided that the Marketing/Outreach Committee would meet with Karen Grimsich over the next two months to develop a plan and to also determine “what the question is” that they will be answering with this outreach.

RECOMMENDATION: That the Commission be informed that the Committee has met once and will meet at least one more time prior to the June meeting at which time they will present in detail what they have developed.

8. NEW BUSINESS

8.1 2012 Four Seasons of Health Expo - Dr. Ray Grimm, HS Project Coordinator

BACKGROUND: The 2012 Four Seasons of Health Expo is an event that promotes wellness and active living for Adults 50 Plus. This event will take place on Wednesday, August 29, from 9:00 am to 1:00 pm at the Fremont Multi-Service Senior Center. The Expo will host a resource fair, including resources for Veterans, healthy living activities and speakers – all experts in promoting wellness.

RECOMMENDATION: That the Commission be informed about the upcoming Health Expo.

8.2 Alzheimer’s Services of the East Bay, Micheal Pope, Director of Alzheimer’s Services of the East Bay

BACKGROUND: Micheal Pope is the Executive Director of Alzheimer’s Services of the East Bay, which supports individuals with

memory loss and their caregivers. Currently, she operates two Adult Day programs that specialize in providing service to individuals with dementia. They are located in Berkeley and in Hayward. She is in conversation with the Dominican Sisters in how to meet their needs around dementia and provide more services to our community.

RECOMMENDATION: That the Commission become more informed and knowledgeable about the services provided by Alzheimer's Services of the East Bay.

9. COMMISSION REPORTS

9.1 Health Issues/Senior Safety/Prescription Drug Comparison
Comissioner Helton

9.2 Senior Legislation – Commissioner Thomas

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging & Family Services Report – Karen Grimsich, Aging
And Family Services Administrator

11.2 Senior Center Manager Report – Linda Olla, Senior Center Mgr.
• No Report due to Linda being on vacation.

12.COMMISSION COMMENTS

Adjournment